

# GRIDDLE ME THIS DAD NEWSLETTER

A COLLECTION OF RECIPES, OBSERVATIONS, AND  
ADVICE FOR THE GRIDDLE AND COOKING  
ENTHUSIAST WITH A FOCUS ON VALUE.



# ENJOYMENT

by Bill Pickrel

Welcome to the July 2021 Issue of the Griddle Me This Dad (GMTD) Newsletter. The theme for this newsletter is enjoyment. Enjoyment is state or process of taking pleasure in something. Pleasure (the noun) is defined as a feeling of happy satisfaction and enjoyment. It is important to note that satisfaction as well as enjoyment is in that definition. Satisfaction is a topic for another time. Unfortunately, over the last year of pandemic, the opportunities for enjoyment, especially with friends and family have been greatly limited. Some interesting enjoyment quotes:

*"People rarely succeed unless they have fun in what they are doing."* Dale Carnegie.

*"Enjoyment is an incredible energizer to the human spirit."* — John C. Maxwell

*On what makes a great golfer, "Concentration, Competitive Drive, Confidence, Capacity for Enjoyment"* — Arnold Palmer.

Speaking of enjoyment, the GMTD Family is returning from a relaxing break (Although, commute to and fro was brutal) in the outer banks of North Carolina, up in Corolla. We rented a nice, large house very near the wide, white sand beaches and greatly enjoyed the scenery, company, and food. We had a lot to celebrate. Along with the graduations from the last newsletter, we also celebrated the engagement of Hunter and Erika. Over 30 years ago, Pam and I received a needlepoint gift for our wedding that states a positive message for those embarking on the journey that is marriage, "A marriage, simple and true, for the good and kind, is heaven on Earth." Pam and I wish Hunter and Erika all the best and our most heartfelt congratulations on their journey.

**Happenings:** This newsletter marks the one year anniversary of the GMTD Webpages. Hopefully, all the subscribed readers have received their GMTD logoed gift. If not, email me directly at [griddlemethisdad@gmail.com](mailto:griddlemethisdad@gmail.com). Italy is the spotlighted country this month. Recipes include Chicken Marsala, Smashed Meatballs, and Griddle Eggplant Parmigiana.

**Information:** Motivation is sometimes hard for me to generate and maintain. To quote the first newsletter's interesting link guy, James Clear "Motivation is often the result of action, not the cause of it. Getting started, even in very small ways, is a form of active inspiration that naturally produces momentum." According to Susan Fowler, "Motivation is the energy to act. High quality motivation (energy) is needed to thrive. Thriving requires choice, connection, and competence. When you create these three things, you flourish. When they are eroded, you languish." These concepts have helped me with my motivational outlook.



QUESTIONS OR SUGGESTIONS?  
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## GRIDDLE RIDDLE SOLUTION

Answers from last newsletter:

1. FIRE, MILD, DIABLO  
(TACO BELL CONDIMENTS)
2. ECHO, KILO, YANKEE  
(RUSSIAN SUBS OR PHONETIC ALPHABET)
3. CINNAMON, MACE, PEPPER  
(SPICES)
4. COLUMBIA, OHIO, STURGEON  
(US SUBS)
5. COCKTAIL, SRIRACHA,  
WORCESTERSHIRE  
(SAUCES)

## INTERESTING LINK

Interesting Link: You Tube is the home of a ton for cool content on a host of different subjects. For the next couple of newsletters, I will be highlighting my favorite You Tube cooking host, Sam the Cooking Guy.

With over 2 million followers, I am not the only devotee. You can also find him at <https://www.thecookingguy.com> From his distinctive look, hilarious T-shirts (My favorite is: If fat is flavor, then I am f\*cking delicious"), ridiculous backyard cooking set-up (in nearly perfect weather, San Diego) and pension for cussing, he is irresistible and highly entertaining tube. His recipes are also often top notch, so if you have a few minutes, give him a try.

USA !!! USA!!!

## THE GRIDDLE RIDDLE

To celebrate the birth of the country, the riddle is USA!!! USA!!! The given riddle clue has a two word answer. Each word contains the letters US followed by A somewhere in the word. The length of the word is also given.

**EXAMPLE:**

Can be constructed to perfectly  
ensnare rodents (10/9)

**ANSWER:**

cUStom-mAde moUSetrAp

Riddles are given easy to difficult (1-5)

- 1.Wife/Husband is hot to trot (7/7)
- 2.Kilo of holy warriors (8/9)
- 3.There is a reason you are about to vomit (6/6)
- 4.An aggressive and zesty no (12/9)
- 5.Rockin' dinner party (7/8)

Answers will be provided in next newsletter.

