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Edition

GRIDDLE ME THIS DAD NEWSLETTER

A COLLECTION OF RECIPES, OBSERVATIONS, AND
ADVICE FOR THE GRIDDLE AND COOKING
ENTHUSIAST WITH A FOCUS ON VALUE.



GRATITUDE

by Bill Pickrel

Welcome to the November 2021 Issue of the Griddle Me This Dad (GMTD) Newsletter

Gratitude is a powerful emotion and feeling. Expressing feelings of gratitude may provide mental and physical health benefits, see here: <https://en.wikipedia.org/wiki/Gratitude>

So, in that spirit, I am grateful for many things:

I am grateful for my supportive family, it is what provides meaningfulness, joy, and purpose in my life.

I am grateful that my youngest son has the courage, self-motivation, and integrity to succeed despite significant challenges, I am very proud of you.

I am grateful that my two older sons are accomplished, thoughtful, and successful men contributing to the greater good. I am proud of you both as well.

I am grateful for my loving and gorgeous wife, who I look forward to sharing the joys and challenges of life for the rest of our days.

I am hoping that this Thanksgiving season finds everyone healthy and happy and that you have several reasons to give thanks. I am grateful for your support and interest.

Happenings: We all had an excellent time during my charity golf tournament at Whiskey Creek Golf Course in Ijamsville, MD on Tuesday, October 26, 2021. Although a skoosh breezy (30+ MPH winds at times), the course was in excellent condition, the company was grand, and food and drink were plentiful. **Congratulations to all who played, we raised nearly \$1000 to support The LEGACY SCHOOL, EMPOWERED LEARNING for DYSLEXIC CHILDREN.** Special thanks to my beautiful wife, for assisting at the event and Jamie Caplan, Founder of the school, for her vision and commitment to make this school a reality. I am very grateful that my son got the opportunity to learn and thrive there. This school changes children's lives for the better, everyday. Konnichiwa, Japan is the spotlighted country this month. Recipes include Full Hibachi Meal, Mongolian Beef, and Lo Mein. Sayōnara.

Information: Griddle versus Grill. I have often been asked by friend, colleagues, and co-workers if you would recommend a griddle or a grill? I usually answer, it depends, but most likely a griddle, and this is why:

Griddle Pros: Solid surface, you can sear, you can shallow fry, you can steam, you can cook with sauce, and bacon, eggs, pancakes, and a lot of other stuff comes out spectacularly.

Grill Pros: Grill Marks, Smoker box, marinades drip off, indirect works like oven, uses less propane than griddle.

Griddle Cons: Clean up is sometimes more challenging, meat needs to be dry to sear properly, gets too hot sometimes.

Grill Cons: Stuff can fall through grates, flare ups from grease, costs much more (like two to three times more) to purchase an equivalent size.

Based on all the factors listed above, I honestly like griddles better than grills but I still use both.

GRIDDLE RIDDLE SOLUTION

Answers from last newsletter:

1. Chocolate, Pistachio, Raspberry (Ice Cream Flavors)
2. Limburger, Provolone, Roquefort (Cheeses)
3. Coriander, Fenugreek, Sassafras (Culinary ingredients)

INTERESTING LINK

Yet another Favorite You Tube cooking host is Babish (Andrew Rea). 9.3M subscribers can not be wrong. To quote his website: "Oliver Babish is a character from the West Wing, portrayed by the irrepressible Oliver Platt, that acted as legal counsel for the Bartlett administration. I named my Reddit handle after him, I started making the show for Reddit, it found an audience outside of Reddit, and the rest is history. Trust is something earned, not given, always remember that." Long live the tiny whisk.

<https://www.bingingwithbabish.com>

<https://www.youtube.com/c/bingingwithbabish/featured>

THE GRIDDLE RIDDLE

Welcome to “turducken words” There are 4 clues for words or phrases. Stuff the answer for chicken inside the answer for duck inside then answer for turkey, which will then produce the answer for the turducken clue. Enjoy!

EXAMPLE:

Turkey: Absolute Fear

Duck: To be carried or travel in a vehicle (minus e)

Chicken: Actor Alda of M*A*S*H

Turducken: Solving process that can be lengthy

ANSWER:

Trial and Error (terror, rid (ride-e), Alan - T[ri[al an]d] error

Three for this month:

Turkey: Unit of Distance

Duck: Kneader's need

Chicken: Onward

Turducken: A considerable meal?

Turkey: Colorful Salad Veggie

Duck: It is discarded in a tray

Chicken: Jousting Weapon

Turducken: Accounting Statement

Turkey: Egg layer

Duck: Medieval quaff

Chicken: Like limbo bars, often

Turducken: Autumn Holiday

Answers will be provided in next newsletter.